

THURSDAY NOVEMBER 1, 2012

Top of The Inn on The Park 22 South Carroll St. (on the Square) Madison, WI

5:30 p.m.—7:00 p.m.

Intimate dinner and conversation with Dr. Davidson regarding his work with the Dalai Lama and his research on the impact of meditation on our brains, emotions, behavior, and well-being \$100 per person \$150 for a participant and one invited guest (price also includes 7:00-8:30 program)

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7:00p.m. - 8:30 p.m. Presentation and discussion about *The Emotional Life of Your Brain* 

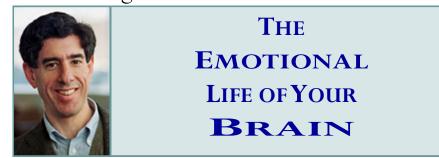
\$25 per person in advance\$35 per person at the door(Dessert Bar included)



Please contact Linda Hammes for more information and to register 608-255-7356 ext. 310 FrontDesk@TheRainbowProject.net Fax: 608-255-0457

RSVP by <u>10-25-12</u> with dinner choice if attending dinner The Rainbow Project Child & Family Resource and Counseling Clinic Board & Staff <u>Invite You To Join Us</u> <u>For A Very Special Evening With...</u> Richard Davidson, Ph.D

speaking about his personal journey and research involving meditation and his new book:



Dr. Davidson's latest book offers a new model for understanding our six basic emotional styles, the pattern of brain activity underlying these styles, their power, and their malleability.

## **EXPERTS COMMENT ON THIS BOOK:**

- "This superb book is many things—a crystal clear tour of the neuroscience of emotion; a primer about how the scientific process works; a personal story by a really likeable guy; and the promise of a better world. This is a wonderful book" Robert M. Sapolsky, Ph.D.
- "What a gift from the world's leading neuroscientist who works on what makes life worth living..." Martin E. P. Seligman, Ph.D.

Dr. Richard J. Davidson is the William James and Vilas Professor of Psychology and Psychiatry at the University of Wisconsin—Madison, Director of the Waisman Laboratory for Brain Imaging and Behavior and the Laboratory for Affective Neuroscience, and Founder and Chair of the Center for Investigating Healthy Minds, at the Waisman Center, University of Wisconsin-Madison. He was named one of the hundred most influential people in the world by *Time* magazine in 2006 and currently serves on the Board of Directors of the Mind and Life Institute, a group dedicated to promoting a dialogue between Western scientists and the Dalai Lama.

## **CONSIDER BECOMING A CO-SPONSOR | SPONSORSHIP LEVELS:**

<u>Compassionate Contributor:</u> \$300 Includes admission for two guests for the entire evening, acknowledgment at the event, and an autographed copy of *The* 

Emotional Life of Your Brain

#### Mindful Master:

\$500

Includes acknowledgement, admission for two guests, an autographed copy of *The Emotional Life of Your Brain*, and a \$50 gift certificate to the Eldorado Grill



# **R.S.V.P.** FOR NOVEMBER 1ST EVENT FEATURING RICHARD DAVIDSON, PH.D

| <b></b>                                                                                                     |
|-------------------------------------------------------------------------------------------------------------|
| I would be delighted to attend the entire evening                                                           |
| I would be delighted to attend the entire evening<br>I will attend the 7:00-8:30 discussion and Dessert Bar |
| I will attend uit 7.00-0.50 discussion and Dessert Bar<br>I cannot attend but would like to contribute \$   |
| I would like to further support Rainbow's important work as a co-sponsor at the:                            |
| \$300 Level                                                                                                 |
| \$500 Level                                                                                                 |
| Name                                                                                                        |
| Email                                                                                                       |
| Guest's Name                                                                                                |
|                                                                                                             |



# **Dinner Choices**

(please indicate how many guests for each entree)

\_\_\_\_\_Roasted Apple Pork Loin

\_\_\_\_\_Chicken Marsala

\_\_\_\_Stuffed Portabella Mushroom