



**THURSDAY
NOVEMBER 1, 2012**

**Top of The Inn on The Park
22 South Carroll St.
(on the Square)
Madison, WI**

5:30 p.m.—7:00 p.m.

Intimate dinner and conversation with Dr. Davidson regarding his work with the Dalai Lama and his research on the impact of meditation on our brains, emotions, behavior, and well-being

\$100 per person

\$150 for a participant and one invited guest

(price also includes 7:00-8:30 program)

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**7:00p.m. - 8:30 p.m.**

Presentation and discussion about *The Emotional Life of Your Brain*

**\$25 per person in advance**

**\$35 per person at the door  
(Dessert Bar included)**



Please contact Linda Hammes  
for more information and to register  
608-255-7356 ext. 310  
FrontDesk@TheRainbowProject.net  
Fax: 608-255-0457

**RSVP by 10-25-12**

with dinner choice if attending dinner

*The Rainbow Project Child & Family Resource  
and Counseling Clinic Board & Staff*

*Invite You To Join Us*

*For A Very Special Evening With...*

**Richard Davidson, Ph.D**  
speaking about his personal journey and research  
involving meditation and his new book:



**THE  
EMOTIONAL  
LIFE OF YOUR  
BRAIN**

Dr. Davidson's latest book offers a new model for understanding our six basic emotional styles, the pattern of brain activity underlying these styles, their power, and their malleability.

**EXPERTS COMMENT ON THIS BOOK:**

- "This superb book is many things—a crystal clear tour of the neuroscience of emotion; a primer about how the scientific process works; a personal story by a really likeable guy; and the promise of a better world. This is a wonderful book" Robert M. Sapolsky, Ph.D.
- "What a gift from the world's leading neuroscientist who works on what makes life worth living..." Martin E. P. Seligman, Ph.D.

Dr. Richard J. Davidson is the William James and Vilas Professor of Psychology and Psychiatry at the University of Wisconsin—Madison, Director of the Waisman Laboratory for Brain Imaging and Behavior and the Laboratory for Affective Neuroscience, and Founder and Chair of the Center for Investigating Healthy Minds, at the Waisman Center, University of Wisconsin-Madison. He was named one of the hundred most influential people in the world by *Time* magazine in 2006 and currently serves on the Board of Directors of the Mind and Life Institute, a group dedicated to promoting a dialogue between Western scientists and the Dalai Lama.

**CONSIDER BECOMING A CO-SPONSOR | SPONSORSHIP LEVELS:**

**Compassionate Contributor:** **\$300**  
Includes admission for two guests for the entire evening, acknowledgment at the event, and an autographed copy of *The Emotional Life of Your Brain*

**Mindful Master:** **\$500**  
Includes acknowledgement, admission for two guests, an autographed copy of *The Emotional Life of Your Brain*, and a \$50 gift certificate to the Eldorado Grill



www.therainbowproject.net

**R.S.V.P. FOR NOVEMBER 1ST EVENT FEATURING  
RICHARD DAVIDSON, PH.D**



\_\_\_ I would be delighted to attend the entire evening

\_\_\_ I will attend the 7:00-8:30 discussion and Dessert Bar

\_\_\_ I cannot attend but would like to contribute \$\_\_\_\_\_

\_\_\_ I would like to further support Rainbow's important work as a co-sponsor at the:

\_\_\_ \$300 Level

\_\_\_ \$500 Level

Name \_\_\_\_\_

Email \_\_\_\_\_

Guest's Name \_\_\_\_\_



**Dinner Choices**

*(please indicate how many guests for each entree)*

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\_\_\_\_\_ Roasted Apple Pork Loin

\_\_\_\_\_ Chicken Marsala

\_\_\_\_\_ Stuffed Portabella Mushroom